

# Winter Wellbeing

b a s b s t f a r c s r x z  
l u c o d c i e h r i z o a  
a u s a g o v a o s n a r r  
n b o r b l v b t l g t h e  
k e h d u o h a c e i c t a  
e a l g f u x k h e n i a d  
t f f a j r q i o p g c b i  
k v r m f i h n c w y o m n  
s f i e k n a g o a l o r g  
e y e s s g r l l l i k a u  
i x n i g h o s a k m i w r  
v z d t y q a l t i a n x c  
o u s o g s w i e n f g t k  
m y t l z c j w r g k n c f

hot chocolate

fresh air

walking

blanket

reading

colouring



warm bath

friends

cooking

sleep

family



board games

crafts

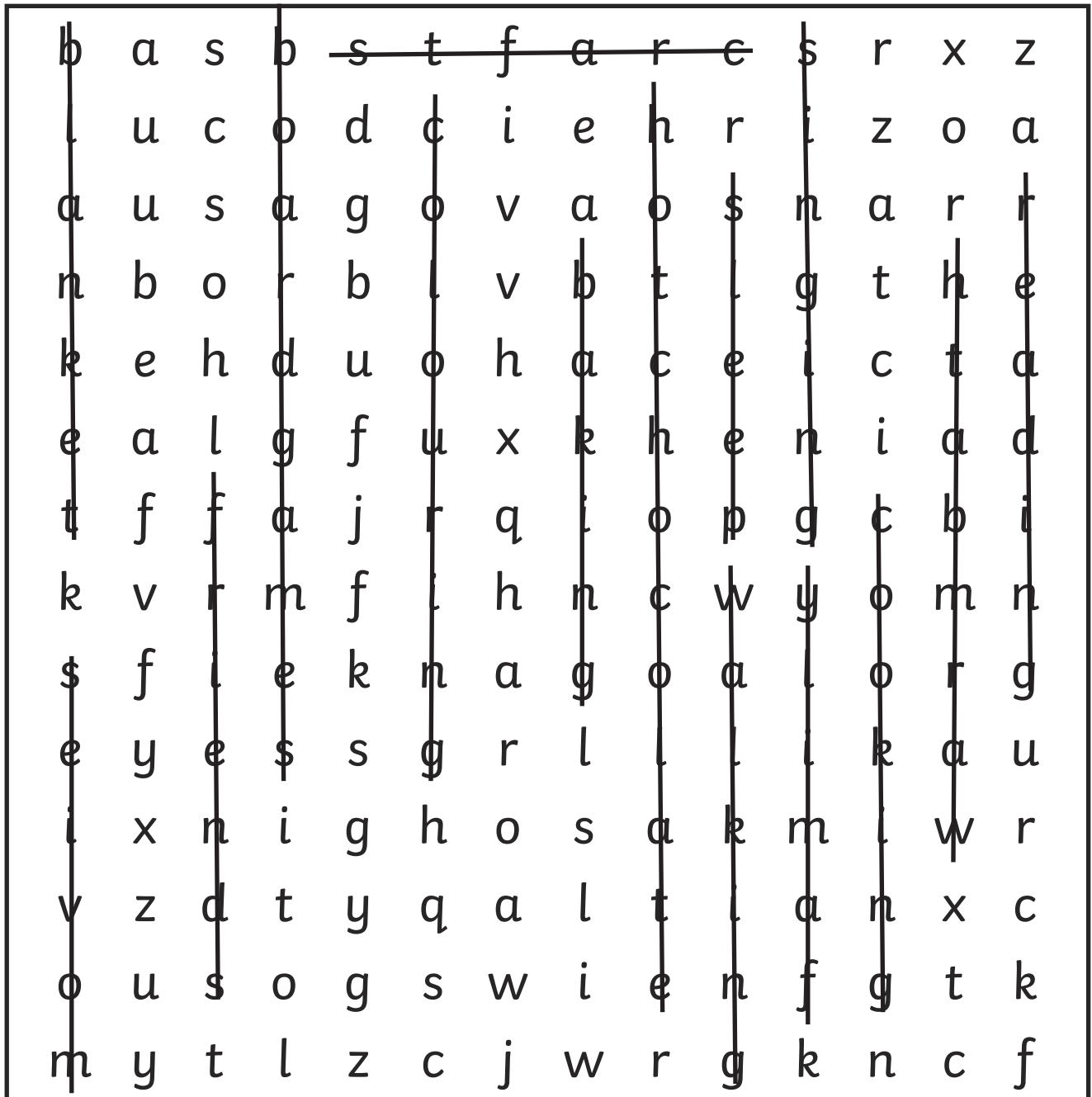
movies

baking

singing



# Winter Wellbeing Answers



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